

Instructions for completing DD Form 2795 (Pre-Deployment Health Assessment)

- 1) Log onto your AKO account at <https://www.us.army.mil/suite/login/welcome.html>
- 2) Once on AKO look for green banner at top of page and go to Self Service. From the drop down menu click on My Medical.
- 3) On the My Medical page there is a menu bar for My Medical which will give you a drop down, click on My Medical Readiness.
- 4) In the middle of the My Medical readiness page look for Deployment Health Assessments and click on the yellow hyperlink (Deployment Health Assessments).
- 5) On Deployment Health Assessment page click on DD 2795 Pre-Deployment Health Assessment then click on "Start New Survey".
- 6) After form is complete, click on submit.
- 7) Print out a completed DD Form 2795 and send to your APPO Representative.
- 8) The UDC Doctor will certify you as deployable when you report to the UDC.